

**WEBINAR**

**Re-opening Sport**

**What do you need to know?**

**Sport**  
MANITOBA

# Agenda

- Return to Sport process
- Non PSO governed sport
- Facilities
  - Providing the field of play
  - Providing programming
- Resources
- Questions

# Return to Sport Process

- Who creates?
- Who reviews?
- Who enforces?



**Baseball Manitoba COVID-19  
Return to Play 2.0**

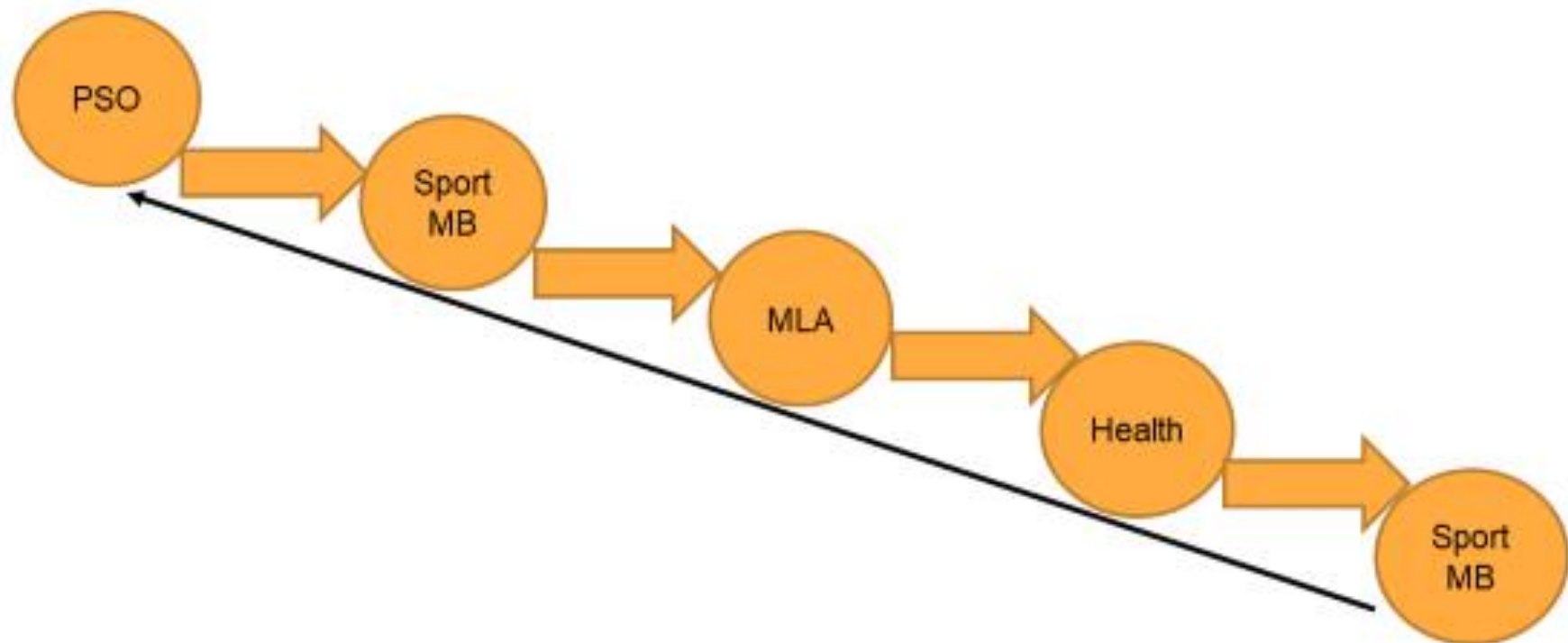
Prepared by:

Jason Miller – Executive Director  
[baseball.jason@sportmanitoba.ca](mailto:baseball.jason@sportmanitoba.ca)

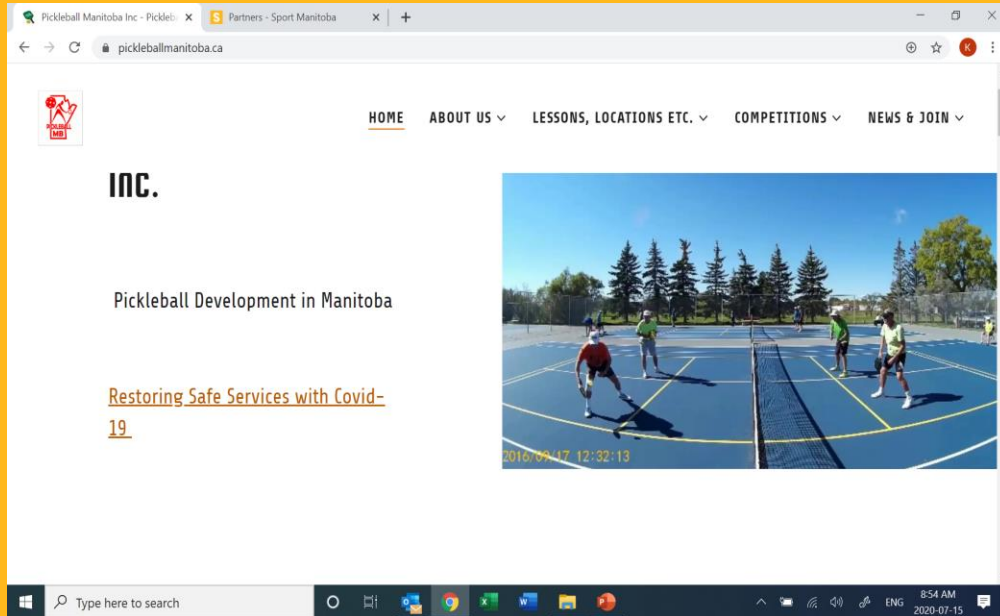
204-925-5764

Revision #2 – June 22, 2020

## Return to Play Process



# Non PSO Governed Sport



The screenshot shows a web browser window with two tabs: 'Pickleball Manitoba Inc - Pickleball' and 'Partners - Sport Manitoba'. The address bar shows 'pickleballmanitoba.ca'. The website header includes a logo and a navigation menu with items: HOME, ABOUT US, LESSONS, LOCATIONS ETC., COMPETITIONS, and NEWS & JOIN. The main content area features the text 'INC.' and 'Pickleball Development in Manitoba'. Below this is a video player with a thumbnail image of people playing pickleball on an outdoor court. The video title is 'Restoring Safe Services with Covid-19'. The video player shows a timestamp of '2018-09-17 12:32:13'. The Windows taskbar at the bottom shows the search bar, system tray, and date/time '8:54 AM 2020-07-15'.



# Facilities

Providing field of play for sport

VS

Providing sport programming

# Facility Protocols

- General
- Staff training and signage
- Entry/exit
- High Traffic areas
- Spectator Safety

# Facility Protocols

- Cleaning/Sanitization
- Washrooms
- Masks
- Officials spaces



# Sport Modifications

- Hand sanitization/hygiene
- Maintain social distancing
- Contact for <10 minutes
- Contact is cumulative
- No sharing – water-bottles, personal equipment

# Sport Modifications

- Sanitize all shared equipment – balls, pylons
- Clean gear after use
- Injury management
- Carpooling
- No high fives, hugs, etc.

# Best Practices



Please self-screen for flu-like symptoms. If you are ill, exhibiting signs of COVID-19, or have travelled outside the province in the last 14 days, please return home.

**Sport**  
MANITOBA



## HAND WASHING STATION

Please wash your hands with soap and water for at least 15 seconds.

**Sport**  
MANITOBA



## HAND SANITIZER

Please sanitize your hands.

**Sport**  
MANITOBA

# Resources

## KEEP YOUTH ATHLETES SAFE

Reduce the Spread of COVID-19 In Youth Sports

### Reduce physical closeness between players when possible

- Allow players to focus on building individual skills, like batting, dribbling, kicking, and strength training
- Limit full contact between players to game days (avoid during practice)
- Increase space between players in the practice areas, including on the sideline, dugout, and bench
- Avoid high fives, handshakes, fist bumps or hugs



### Minimize sharing of equipment or gear

- Encourage players to bring their own equipment, like gloves, balls, and helmets (if possible)
- Clean and disinfect shared items between use



### Limit travel outside of your area

- Consider competing against teams in your local area (neighborhood, town, or community)



### Identify small groups and keep them together

- Avoid mixing between groups
- Stagger the arrival and drop off of each group to limit interaction
- Have scrimmages within team to limit exposure

Implement plans to space out spectators by 6 feet at games or competitions. Limit nonessential visitors, spectators, and volunteers.

Lower Risk



Skill-building drills at home

Higher risk



Within-team competition



Full competition from different areas



[cdc.gov/coronavirus](https://cdc.gov/coronavirus)

2m

Please adhere to physical distancing by keeping at least 2m (6ft) between you and others at all times.

Sport  
MANITOBA

## CHECKLIST FOR COACHES

Protect Players from COVID-19



- Send a welcome email or call parents and/or players. Inform them about actions that the sports program will take to protect players. Remind them to stay home if sick or if they have been around someone who is sick.
- Be a role model. Wear a cloth face cover and encourage parents, fans, officials, and sports staff to wear one during practices and games.
- Provide hand sanitizer with at least 60% alcohol to players before and after practice/game, or encourage them to wash their hands with soap and water.
- Educate players about covering coughs and sneezes with a tissue or their elbow. Discourage spitting.
- Remind players about social distancing and identify markers (signage or tape on floor, if applicable). Encourage your players to focus on building their individual skills and cardiovascular conditioning, so they can limit close contact with other players.
- Check with your sports administrator to make sure they are following cleaning and disinfection recommendations.
  - Cleaning and disinfecting frequently touched surfaces on field, court, or play surface (e.g. drinking fountains) at least daily or between use.
  - Cleaning and disinfecting shared equipment



Lower Risk



Skill-building drills at home

Higher risk



Within-team competition



Full competition from different areas



[cdc.gov/coronavirus](https://cdc.gov/coronavirus)

Sport  
MANITOBA

# Questions?

## Contact

Kylo Harris  
Partner Development Manager  
Sport Manitoba

(204) 470-7448

[Kylo.harris@sportmanitoba.ca](mailto:Kylo.harris@sportmanitoba.ca)

# Thank You



**Sport**  
MANITOBA